

Benedict Bucarizza

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120.0 kg Division

with a



BENCH PRESS of **215.0 kg**

Elite 1

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Etienne Potgieter

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 93.0 kg Division

with a



BENCH PRESS of **212.5 kg**

Elite 3

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Jorney Page

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 105.0 kg Division

with a



BENCH PRESS of **180.0 kg**

Silver

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Mark Phillips

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 93.0 kg Division

with a



BENCH PRESS of **175.0 kg**

Silver

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Mathew Cosmo

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120.0 kg Division

with a



BENCH PRESS of **240.0 kg**

Elite 3

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

William Ainslee

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120.0 kg Division

with a



BENCH PRESS of **190.0 kg**

Silver

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Albert De Bondt

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 83.0 kg Division

with a



BENCH PRESS of **150.0 kg**

Bronze

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Ian Furman

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120+ kg Division

with a



BENCH PRESS of **252.5 kg**

Elite 4

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Juan Booyse

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120.0 kg Division

with a



BENCH PRESS of **200.0 kg**

Gold

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Michael Egan

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 83.0 kg Division

with a



BENCH PRESS of **155.0 kg**

Bronze

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Sarel Gadney

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 93.0 kg Division

with a



BENCH PRESS of **160.0 kg**

Bronze

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Thabang Mpe

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 74.0 kg Division

with a



BENCH PRESS of **150.0 kg**

Gold

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

Willy Johnstone - Robertson

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

in 2012 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120+ kg Division

with a



BENCH PRESS of **212.5 kg**

Elite 1

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation